

RYA Sea Survival

Syllabus

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Aim

To maximise knowledge and skills in the correct use of modern and traditional search and rescue, lifesaving and safety equipment. To build confidence in your ability to deal with real life emergencies and casualties on the water.

Course Duration

One day, including a 2 hour session in the pool using real liferafts

Minimum Age

12 years

What's Included

- Lifejackets
- Wet weather gear
- Sea survival handbook
- A session in the pool experiencing the realities of assisting others while kitted out in weatherproof gear and lifejacket into an uncooperative, inflated liferaft
- Modern classroom facilities with hot/cold drinks and refreshments
- Very experienced instructors that are passionate about going through the course content with you in a relaxed manner
- A certificate of competence on successful completion of the course

Prior Knowledge and Experience

No prior knowledge or experience is required to undertake this course!

Skills Gained

Confidence in the use of modern survival and rescue equipment at sea and in heavy weather and in your ability to care for yourself and your crew members in a real emergency. Intimate knowledge of operating liferafts and lifejackets.

Opportunities After The Course

The RYA Sea Survival certificate is a requirement for anyone for applying for any RYA commercially endorsed skippers license.

Suggested Courses

SRC (VHF) radio operator course First Aid Powerboat Level 2 PW Jet Ski



Course Content

Preparation for sea survival

- Survival difficulties
- Survival requirements
- Equipment available
- Actions prior to abandonment

Lifejackets and Liferafts

- Lifejacket design and construction, correct donning procedure, purpose and use of lifejackets
- Safety harnesses purpose and use
- Stowage and containment on board types,
- Design and construction, launching, abandoning the vessel and boarding liferaft, righting a capsized liferaft, initial actions to be taken when inside the raft

Principles of survival

- Methods to increase chances of survival
- Signs, symptoms and treatment of hypothermia
- Symptoms, method of treatment for sunburn, heat exhaustion and heatstroke
- Survival routines to aid location
- Correct use of pyrotechnics and other location aids
- Water rationing procedures
- Dehydration and preventative measures
- Food rationing
- Sources of food
- Survival craft ailments
- Raft management

Search and Rescue

- Rescue by helicopter or vessel
- Role of HM Coastguard
- UK and International SAR Organisation
- Other services

Dealing With Casualties

- Demonstrate artificial ventilation & chest compression (CPR)
- Demonstrate how to turn a casualty into the recovery position
- Detail the treatment for shock
- Apply direct pressure to a wound and control bleeding
- Outline the treatment for asthma attacks, burns, diabetic emergencies, epilepsy and heart attacks
- List the precautions needed when handling a spinal injury
- Demonstrate how to immobilise a fracture
- List actions needed to prepare for helicopter evacuation



Like what you see? Get booked.

(Last minute booking? Or need flexible dates? Get in touch)

<u>www.seaforcepowerboats.co.uk</u>

Gotta Question?

(We should have the answer on our FAQs page)



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